

# CANISBAY SCHOOL NEWSLETTER no. 5

7<sup>th</sup> January 2023

www.canisbayprimary.wordpress.com
Adverse Weather Line - 0800 564 2272 (Pin 04 1620)
School office emails – canisbay.primary@highland.gov.uk
Lorrainne.johns@highland.gov.uk

We are a nut aware school! Please do not give your child any nut products for school.

Dear Families,

<u>School Photos</u> – School photos will take place on the afternoon of Friday 3<sup>rd</sup> March.

I will go with the previous requests as I had worked out all of the scheduling lists. Please let me know if you didn't ask for any photos or if you have since had a child start school or ELC and wish to add your child(ren). You can request an individual photo or a family photo (with siblings in school/ELC only).

Alternatively, if you previously wanted photos but no longer wish to have them taken, please let me know. Please send all correspondence regarding this to <a href="mailto:rhona.moodie@highland.gov.uk">rhona.moodie@highland.gov.uk</a>

# Parent/Carer Appointments - School and ELC

Thank you for very much to those who responded to the survey regarding the appointments. The overwhelming response was for face to face and the others had no preference. The school appointments will take place on Thursday  $2^{nd}$  March 3:30 - 7:00pm. I will issue a form for this soon.

The ELC appointments may be done slightly differently so we will contact ELC families separately.

# PLEASE READ - Reminder for the Free School Meals and Clothing Allowance

If you qualify and apply for this grant, you can receive £140 towards school uniform <a href="each year">each year</a>. Please click the following link for more information. Please do not miss out on this money if you are entitled to it. <a href="https://www.highland.gov.uk/info/899/schools">https://www.highland.gov.uk/info/899/schools</a> - <a href="grants">grants</a> and <a href="benefits/10/free school meals and assistance with clothing">assistance with clothing</a> In addition to this our school receive additional funding based on our number of families receiving this grant. By applying for this, you <a href="will help">will help</a> to ensure our school receives more support and funding for our children.

<u>Christmas Concert Recording</u> – If anyone would like this made available for you, please let me know.

Reporting Absence Reminder – Please remember to notify us about absences before 9:30am, this can be done by phone call or email. There is an answerphone for messages if there is no-one in the office and the preferred email is the school email as this can be accessed by either myself or Mrs Johns if one of us is absent. If you prefer, you can email Mrs Johns but copy in the school email too.

<u>Absence Monitoring</u> - I am required to monitor attendance figures and make contact with families to alert them when attendance falls below 85%. I will be doing this again, later this term. This can be very helpful to see if your child has fallen below this threshold, how much schooling they have missed, the reasons for this, any patterns that are showing up and it can also help to lead to improvements.

# Office

Mrs Johns has other positions within the school day, so the office is not always covered. If you phone and there is no answer, please leave a message rather than repeating the call unless it is an emergency/urgent. It is also best to avoid trying to phone towards the end of the day as Mrs Johns is the supervisor for the bus children. Please try to make end of day arrangements for the week ahead or a regular routine for each week if possible.

# **Next Holidays/Inservice Days to note**

Monday 20<sup>th</sup> February - holiday Tuesday 21<sup>st</sup> February - holiday Wednesday 22<sup>nd</sup> February - inservice day (closed to pupils) Monday 3<sup>rd</sup> April - Friday 14<sup>th</sup> April - Easter holidays

#### Financial help for families who have a child with a disability

Please see this website for different funding that is available, e.g. for equipment, heating costs etc. https://www.familyfund.org.uk/

<u>Free bus travel</u> for those under 22 – please use this link <a href="https://freebus.scot/customer-service-toolkit/">https://freebus.scot/customer-service-toolkit/</a>

# Free uniform items available

These were from lost property and unclaimed from the open afternoon. I removed any that people wouldn't want anymore. If they are not taken by the February long weekend they will be recycled although we may clean a few to keep as spares. Please let me know if you would like any of these free items. They have not been washed so they would be taken on the basis that you would need to do this yourself.

1	Age 5/6	Jumper with logo	1	Age 11/12	Jumper with logo
2	Age 7/8	Jumper with logo	1	Age 11/12	Fleece (no logo)
1	Age 7/8	Hoody with logo	2	Age 11/12	Jumper with logo
2	Age 9/10	Jumper with logo	1	Age 11/12	Hoody with logo
1	Age 9/10	Fleece with logo	1	Age 12/13	Jumper with logo
1	Age 10/11	v-neck jumper (no logo)			

#### The Pines – Training dates and other virtual sessions

Training dates are attached. There are films for each session which you <u>must</u> watch prior to attending the Q&A sessions. See Workshops & Sessions page <u>www.thepineshighland.com/workshops-and-sessions</u>

Virtual Pines Session with Thriving Families and Alison Footitt from the National Autistic Society <u>www.thepineshighland.com/upcoming-events</u>

They are on Microsoft Teams and easy to join from a computer or mobile device.

I looked at both the training and other sessions to give you an idea of what is there. If you are interested, please have a look so you don't miss one you are interested in.

There are training or sessions listed for:

ADHD Anxiety and Behavioural Challenges in Neurodevelopmental conditions

Sensory processing Food, mood and behaviour

Emotionally based school avoidance Building a positive relationship with your child's team.

Waiting for a diagnosis



# **Safer Schools App:**

The online world can be a bit overwhelming at times but it is important we understand what our children are doing online so we can help make them safer. The Safer Schools App aims to help with this.

You can download our Safer Schools App provided by our school insurance provider Zurich Municipal.

The App is designed to support and protect children by educating and empowering them both at school and at home. Through their log-in, your children get access to information that is relevant to them and you will receive tips and advice on how to keep them safer online.

# Download and Login Instructions

#### STEP 1

Search 'Safer Schools' and download the App.







#### STEP 2

When you open the Safer Schools App, you will be presented with the login screen. Here you will see your two options for accessing the App - numeric or QR.

Adult family members - Select Canisbay Primary and then use the code 7440.

P4-7 children – Select Canisbay Primary and then use the code 9342 as it changes the content to make it relevant to pupils.

The App gives lots of information and one of the key aspects is it allows your child to look into any issues they may be having online and strategies to deal with it. This quote really hit home with me –

Our children may be tech savvy but it doesn't mean they are tech safe.

Thank you,

R Moodie, Headteacher, Canisbay School